



Arthur Foote Music Sunday

Unity Church-Unitarian

May 5, 2024

9:00 and 11:15 AM

ARTHUR FOOTE MUSIC SUNDAY

May 5, 2024

GATHERING MUSIC            Concerto grosso in D major, Op. 6, No. 4 by Arcangelo Corelli  
   I. Adagio – Allegro  
   II. Adagio  
   III. Vivace  
   V. Allegro – Allegro

WELCOME

Lorelee Wederstrom

PEALING OF THE BELL

CHALICE LIGHTING

Lorelee Wederstrom | Marg Walker

*We light this chalice as a symbol of our faith, the light of truth and the warmth of love.*

PRELUDE

Sinfonia from Cantata BWV 29 by Johann Sebastian Bach

READING

The Instrument by Robert Winner

Marg Walker

I've seen the mahogany grow pale  
under the huge shoulders of pianists,  
the curved beams brace themselves.

Such an army, so many games of chess  
on the infinity of the keyboard, so much  
access and self-disclosure...

It's like climbing into a forest  
formed by your own hands, or singing  
with your armpits, groin and heels...

It's playing Mozart in the Amazon  
to a naked wondering people.

Music – the world that might be,  
and yet the world as it is. The heart  
comes out of hiding, saying to us:  
“Listen, you can say anything you want now.  
Here is the instrument.”

MUSIC

Três Cantos Nativos Dos Índios Kraó, traditional songs of the Kraho people  
Arranged by Marcos Leite (sung in Kraho)

Unity Choir  
Youth Choir  
Children's Choir

I. Yum! A heron flies over a lake. The hungry heron sees a fish and dives to get it. Yum!

II. A macaw sits on a branch. Is the macaw smiling or crying?

III. Will you join me in the forest to search for honey?

READING

A Different Holding Pattern by Rosemerry Wahtola Trommer

Lorelee Wederstrom

If I am to hold the world in my heart,  
then let me hold it the way leaves hold sunshine,  
trapping the energy not for the sake of holding it,  
but to transform it into nourishment.

Though the process isn't simple, it's common.  
All around the globe, in every season,

leaves hold and synthesize  
whatever the day gives them.  
On a day when the energy of the world  
seems too much to hold,  
let me bid my heart turn  
like a leaf to the sun  
and make sugar.  
The way Rilke turned grief into sonnets.  
The way Sibelius turned war into song.

## MUSIC

Sisi Ni Moja by Jacob Narverud

Children's Choir | Youth Choir  
Steve Lewis, percussion

We all laugh, we all cry, we all feel hunger, we all feel pain.  
We all love, we all hate, we all hope and we all dream.  
We are one world, one people, and we all breathe the same.  
A tribe of many languages, a group of many heartaches,  
Fighting for peace among the land.  
Heja, heja, sisi moja... we are one.  
We all want, we all need, we all seek passion, we all seek joy.  
We all bruise, we all scar, we all fail, but learn to thrive.  
We are one world, one people, and we all breathe the same.  
In the darkness of the night and in the glory of the morning  
We walk along the path and find our way.  
Heja, heja, sisi moja... we are one.  
How we stand here together and lift our hearts in song  
To the rhythm of this moment in our lives.  
Heja, heja, sisi moja... we are one.

## HYMN

We Would Be One #318

We would be one as now we join in singing  
our hymn of love, to pledge ourselves anew  
to that high cause of greater understanding  
of who we are, and what in us is true.  
We would be one in living for each other  
to show to all a new community.  
We would be one in building for tomorrow  
a nobler world than we have known today.  
We would be one in searching for that meaning  
which bends our hearts and points us on our way.  
As one, we pledge ourselves to greater service,  
with love and justice, strive to make us free.

## READING

One Song by Rumi

Lorelee Wederstrom

Every war and every conflict  
between human beings has happened  
because of some disagreement about names.  
It is such an unnecessary foolishness,  
because just beyond the arguing  
there is a long table of companionship  
set and waiting for us to sit down.  
What is praised is one, so the praise is one too,  
many jugs being poured into a huge basin.  
All religions, all this singing, one song.  
The differences are just illusion and vanity.

Sunlight looks a little different  
on this wall than it does on that wall  
and a lot different on this other one,  
but it is still the same light.

We have borrowed these clothes,  
these time-and-space personalities,  
from a light, and when we praise,  
we are pouring them back in.

#### MUSIC

Intertwined by Elizabeth Alexander

Women's Ensemble

Intertwined with every thought  
Is a tender strand that life has wrought.  
There's a hope, a fear, a love or grief  
Braided through each deep belief.  
Intertwined, intertwined, that is how we're all designed.  
Look within and you will find heart and mind intertwined.

Soloists: Rochelle Lockridge and Megan Hall

Listen to the daily bread and the nightly prayer.  
Listen to the newborn baby and the empty chair.  
Listen to the promise made and the story told.  
Listen to the hidden need and the inner gold.  
Listen to the open hand and the furrowed brow.  
Listen to the long lost dream and the here and now.  
Listen to the sum of all the broken parts.  
A meeting of the mind begins with a meeting of the hearts.

#### EMBRACING MEDITATION | PRAYER | MOMENT OF SILENCE

Rev. Kathleen Rolenz

#### MUSIC

Earth Song by Frank Ticheli

Unity Singers

Sing, Be, Live, See...  
This dark stormy hour, the wind, it stirs.  
The scorched earth cries out in vain, in vain;  
War and power, you blind and blur.  
The torn heart cries out in pain, in pain.  
But music and singing have been my refuge,  
And music and singing shall be my light.  
A light of song, shining strong: Alleluia! Alleluia.  
Through darkness and pain and strife,  
Sing, Be, I'll Live, See... Peace. Peace.

#### OFFERING

Lorelee Wederstrom

#### OFFERTORY

Salmo 150 by Ernani Aguiar (Sung in Latin)

Unity Choir

Praise the Lord in his sacred places,  
Praise him in the firmament of his power.  
Praise him for his mighty acts,  
Praise him according to his excellent greatness.  
Praise him with the sound of the trumpet.  
Praise him with the psaltery and the harp.  
Praise him with the timbrel and the dance,  
Praise him with strings and pipes.  
Praise him with high-sounding cymbals,  
Praise him with cymbals of joy,  
Let everything that has breath praise the Lord! Alleluia!

REFLECTION AND READING

Muusika by Juhan Liiv

Marg Walker

Translation from Estonian by H. L. Hix and Juri Talvet

It must be somewhere, the original harmony,  
somewhere in great nature, hidden.  
Is it in the furious infinite,  
in distant stars' orbits,  
is it in the sun's scorn,  
in a tiny flower, in treegossip,  
in heartmusic's mother song, or in tears?  
It must be somewhere, immortality,  
somewhere the original harmony must be found:  
how else could it infuse  
the human soul,  
that music?

MUSIC

Ode for Saint Cecilia's Day by George Frideric Handel

Unity Singers

Soloists: Gregory Johnson and Elizabeth McGarr

I. From Harmony  
From harmony, from heavenly harmony,  
this universal frame began.  
When nature underneath a heap of jarring atoms lay  
And could not heave her head,  
The tuneful voice was heard from high,  
Arise, arise, arise, ye more than dead;  
Then cold and hot and moist and dry  
In order to their stations leap,  
And Music's power obey.  
  
From harmony, from heavenly harmony,  
This universal frame began.  
Through all the compass of the notes it ran,  
The diapason closing full in Man.

READING

The Trumpet by Edward Thomas

Lorelee Wederstrom

Rise up, rise up,  
And, as the trumpet blowing  
Chases the dreams of men,  
As the dawn glowing  
The stars that left unlit  
The land and water,  
Rise up and scatter  
The dew that covers  
The print of last night's lovers—  
Scatter it, scatter it!  
  
While you are listening  
To the clear horn,  
Forget, men, everything  
On this earth new-born,  
Except that it is lovelier  
Than any mysteries.  
Open your eyes to the air  
That has washed the eyes of the stars  
Through all the dewy night:  
Up with the light,  
To the old wars: arise, arise.

## MUSIC

Ode for Saint Cecilia's Day by George Frideric Handel

Unity Singers

### II. The Trumpet's Loud Clangor

The trumpet's loud clangor excites us to arms  
With shrill notes of anger and mortal alarms.  
The double double beat of the thundering drum  
Cries hark! Hark! Cries hark! The foes come;  
Charge! Charge, 'tis too late to retreat.

### III. As From the Power of Sacred Lays

As from the power of sacred lays  
The spheres began to move  
And sung the great Creator's praise  
To all the blessed above.  
So when the last and dreadful hour  
This crumbling pageant shall devour  
The trumpet shall be heard on high  
The dead shall live, the living die,  
And music shall untune the sky.

## BENEDICTION

Found by Brian Newhouse

Marg Walker

When music comes gentle and electric  
when music comes and finds you  
let it open what was yours all along.  
Saved from silence by this grace  
step into the chord that will grow tall  
that will tower with the thanks of us all.  
Found.

## POSTLUDE

Dona nobis pacem from Mass in B minor by Johann Sebastian Bach

Unity Choir

Unity Church resides on the homelands of the Dakota and Ojibwe Nations. We honor with gratitude the people who have stewarded the land throughout the generations and their ongoing contributions to this region. We acknowledge the ongoing injustices that we have committed against the Dakota and Ojibwe Nations, and we wish to interrupt this legacy, beginning with acts of healing and honest storytelling about this place.

The flowers in the Main Lobby are given with gratitude for the music that so graciously honors Arthur Foote.  
From Susan, Ben, Liam, and Mateo Foote

The offering will support the vibrant and diverse music ministry of Unity Church, nourishing our outstanding choral singing programs and creating musical connections within, among, and beyond our community.

Make a donation: [bit.ly/sundayoffering](https://bit.ly/sundayoffering)



To access the Sanctuary's assistive listening system, please switch your hearing aid to "T" or request headphones or assistance from an usher. Large print orders of service are also available by request to an usher.

## FOOTE SUNDAY MUSICIANS

Unity Choir is a large choral ensemble (typically between 60 and 80 voices) and is the strong component on which Unity's choral program is built; a vital and energetic presence in our community. Its members share various levels of musical experience and a wide variety of activities and interests, all of which are brought together by their love of singing, music, and community.

Unity Singers is Unity's auditioned, chamber choral ensemble. Each singer's involvement is built on a passion for singing and for ministry through music. This ensemble has an outstanding trajectory of representing Unitarian Universalist music locally and abroad through many commissions and premieres of music by world renowned composers, professionally produced recording projects, and collaborations with other ensembles and community organizations.

Unity's Women's Ensemble meets for only one half-hour each Sunday morning and to this short rehearsal time the members bring tremendous creative energy, commitment, and joy! While this group emerged and continues to function as a space that supports and empowers women, all soprano and alto singers are encouraged to apply for Unity's Women's Ensemble, including transfeminine, transmasculine, and nonbinary as well as cis male sopranos and altos.

Unity's Youth Choir for grades 6-9 builds on the Children's Choir and responds to the interest and musical skills of Unity's youth and families. Youth Choir is a primarily vocal group also welcoming instrumentalists to join in the ensemble.

Unity's Children's Choir is a vibrant group of first through fifth graders that reflects the many talents of our children and the support of our parent community.

## CHOIR STAFF

Mark Dietrich, Bass Section Leader

Kathy Kraulik, Pianist and Assistant

Priscilla Morton, Pianist

Kathleen Radspinner, Children's Choir Director

Shahzore Shah, Tenor Section Leader

Shekela Wanyama, Youth Choir Director and Soprano Section Leader

KrisAnne Weiss, Alto Section Leader

## ORCHESTRA

Violins: Conor O'Brien, Elizabeth Ball, Zachary Saathoff, Kelby Strobel

Viola: Valerie Little

Violoncello: Jane Cords O'Hara

Double bass: Charles Block

Trumpets: Douglas Carlsen, Daniel Fretland

Timpani: Peter Kogan

## WORSHIP ASSOCIATES

Marg Walker was drawn to Unity Church by its music program in 1999, and has been singing here ever since. A founding member of Unity Singers, Marg has also served as a worship associate, Coming of Age mentor, trustee, and board chair. After a career focused in the human services, public policy, and philanthropy, Marg now pursues her abiding interest in the human voice through poetry and choral music.

Lorelee Wederstrom has been a member of Unity Church for 20 years and during that time has been joyfully engaged as a founding member of Unity Singers and as strategic planner and project manager for the Unity Tomorrow project. Now retired from the University of Minnesota as a facilities executive, Lorelee lives on the banks of the Mississippi River in South Minneapolis with her life partner, Ruth Palmer, and their two canine kids. Ruth and Lorelee were married in Unity's Chapel in 2014.

## FROM AHMED ANZALDÚA, DIRECTOR OF MUSIC MINISTRIES

This year's Foote Music Sunday is a reflection on Music as a constant of the universe, music as Divinity itself; capital-M Music, rather than lower-case-m music. In this service we celebrate music not because it entertains us or because it is therapeutic — not even for its much touted property of bringing people together — but as an enormous, incomprehensible, creative, destructive, and unifying force.

Handel's *Ode to St. Cecilia*, one of the works featured in this service, starts with music as the fundamental creative force of the universe ("From harmony, from heavenly harmony, this universal frame began") and ends with music bringing about the end of days ("The trumpet shall be heard on high, the dead shall live, the living die, and music shall untune the sky."). The worship service includes Baroque selections by Corelli, Bach, and Handel; music of the Krahô indigenous people of Northern Brazil; and contemporary choral works by Ernani Aguiar, Elizabeth Alexander, Jacob Narverud, and Frank Ticheli. The musical selections have been woven together with reflections and poetry by worship associates Lorelee Wederstrom and Marg Walker. The performers include Unity's adult, children, and youth choirs and a professional Baroque orchestra.

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### UNITY CHURCH-UNITARIAN

733 PORTLAND AVENUE, SAINT PAUL 55104 • 651-228-1456

[UNITY@UNITYUNITARIAN.ORG](mailto:UNITY@UNITYUNITARIAN.ORG) • [UNITYUNITARIAN.ORG](http://UNITYUNITARIAN.ORG) • LIVESTREAM: [BIT.LY/FOOTESUNDAY24](http://BIT.LY/FOOTESUNDAY24)