



Welcome Visitors

After the service please stop by the Welcome Table in Parish Hall to introduce yourself. We would love to get to know you, answer your questions, and help you learn about Unity Church. If you are attending the service online, contact Philippa Anastos at philippa@unityunitarian.org for the link to join online coffee hour.

Finding Yourself at Unity

Topic: Building Tour

Finding Yourself at Unity meets Sundays, 11:15 a.m.-12:15 p.m., in the Gannett Room and online at bit.ly/fyuonline. For visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

Consider Joining Unity's Board of Trustees

You can engage in supporting Unity in lots of ways — including through board service. With nine members on the board serving three-year terms, three positions open up each year. Think about whether board service could be a good fit for you.

Read more about the trustee role and the characteristics we're looking for in candidates at unityunitarian.org/board-of-trustees.html. The application link is posted there, too.

Interested? Stop by and visit with trustees in Parish Hall after the service or reach out directly to trustees on the recruitment committee: Jackie Boyd at jduffboyd@gmail.com, LauraSue Schlatter at laurasueschlatter@gmail.com, and John Steiner-Manning at johnhsmanning@gmail.com.

Interested in Being an OWL Facilitator?

Our Whole Lives is our outstanding relationships, identity and human sexuality program. The curriculum, created by the Unitarian Universalist Association and United Church of Christ, is a dialogue and fact based course lead by trained volunteers from the congregation. If you are interested in knowing more about becoming an OWL facilitator, contact Drew Danielson at drew@unityunitarian.org. The 7-9 grade class has a particular need for masculine and male presenting adults. There is a local training in mid-August this year.

Unity Book Club: *Driving Dad Home: A Memoir*

Tuesday, July 9

Reception at 6:00 p.m. with discussion to follow in Robbins Parlor

Unity's Book Club welcomes St. Paul writer John Halter, author of this month's book selection, *Driving Dad Home: A Memoir*, to a reception, reading and discussion. Nearly a thousand readers have already enjoyed this funny, sad, and loving tale of an unforgettable road trip down memory lane. As Star Tribune columnist Neal Anthony says, "John Halter has written a compelling memoir about his attempt to untangle his relationship with a judgmental, volatile, and increasingly forgetful father while fetching him home from a retirement community in Arizona. Any stubborn son who has warred with his flawed father will be moved by the empathy that slowly develops as the two navigate the freeways of the Midwest — and fifty-seven years of family history." Critic Lori Sturdevant adds, "This emotion-packed tale will touch anyone who has endured a difficult relationship with a parent or has helplessly watched a loved one slip into dementia... Halter has given readers of a certain age the gift of knowing they are not alone."

Get Outdoors with Act for the Earth

Join Act for the Earth for family-friendly activities this summer!

Lake Phalen Walk

Wednesday, July 10 | Walk: 5:30-6:30 p.m., dinner after
Park on English Street, just north of Arlington Avenue East. Kathy Sidles will lead us south on the Bruce Vento Regional Trail, and back along the east shore of Lake Phalen. Who knows what we will find (birds and bumble bees?), and the lake is gorgeous. Dinner at Saint Paul Brewing Co. Email Kathy at kesid@aol.com if you plan to participate.

Bike Ride Along the Mississippi

Saturday morning August 24 | Watch for details!

Bike 10 miles (optional longer route) along the river, with lunch at City House (an old grain elevator)! Email Anna at asnewton3@gmail.com if you plan to participate.

Lectio Divina

July 10, August 14, September 11 | 7:10 p.m.

Online via Zoom: bit.ly/Lectio2023-24

Participate in a centuries-old monastic practice of listening, contemplating, and responding to sacred texts; modified with poetry for Unitarian Universalist small group spiritual practice. Led by Lisa Wersal or Shelley Butler. A different poem at each session. Questions? Contact Shelley at library@unityunitarian.org.

LGBTQ Choral Festival in Minneapolis: July 10-14

GALA Choruses is holding the world's largest LGBTQ+ singing even in Minneapolis on July 10-14 with over 7,000 people attending and 122 LGBTQ+ choruses performing from all over the world! Events take place at the Convention Center, Central Lutheran Church, and Orchestra Hall. Local choral fans can attend hundreds of ticketed and free events as part of the festival. Find the details online: galachoruses.org. Volunteers are needed for the festival! Be part of creating an unforgettable celebration of LGBTQ choral music. galachoruses.org/resource/festival-volunteers.

This Week in Religious Education

Summer in the Garden continues throughout summer during our 10:00 a.m. service. Great for children ages 4-12. Please

meet in our outdoor garden, next to the parking lot. No registration is necessary but drop-in capacity will be limited by the number of adult volunteers present. If you would like to help, please email nelson@unityunitarian.org.

Why do rabbits eat some plants down to the ground but leave others alone? Today our children learn about herbs in the garden, as well as harvesting cilantro, dill and garlic scapes. Herbs will be available after the service under the white tent (donation-based).

2024 Chalice Camp

Week 1: July 8-12 | Week 2: July 15-19

Chalice Camp at Unity Church is offered Monday-Friday, 8:30 a.m.-5:30 p.m., for children and youth ages 5-18 (youth in grades 7-12 serve as junior counselors and counselors). Registration and counselor applications are online at unityunitarian.org/chalice-camp.html.

This Week at Unity Church

Find the church calendar, along with links to participate in online offerings, at unityunitarian.org/calendar.html.

Sunday, June 30

Sunday Service 10:00 a.m., Sanctuary and livestream
Summer in the Garden 10:00 a.m., Children's Garden
Finding Yourself at Unity 11:15 a.m., Gannett Room/online
Afterthoughts 11:15 a.m., Lower level - Room 024/online

Monday, July 1

Men's Retirement Group 1:00 p.m., Robbins Parlor
Circle of Peace 5:15 p.m., Center Room

Wednesday, July 3

Textile Arts 9:30 a.m., DeCramer Room
Men's Coffee Group 10:00 a.m., Greenspace
Summit Hill Alanon 5:00 p.m., Science Room
Recovery from White Conditioning 6:00 p.m., online

Thursday, July 4 Independence Day, Church Office Closed

Summer Pick Up Choir

Sing in Unity's summer pick up choir on Sunday, July 14, and August 11. Come to the Foote Room at 9:00 a.m. and learn the music for that Sunday service. Friends and family are welcome! This has been a great way for people to find their way into the music ministry, please invite anyone that you think might enjoy it!

UU the Vote

UU the Vote is a bold initiative created by the Unitarian Universalist Association's Side With Love team, engaging people in voter registration, issue education, get-out-the-vote drives, voter protection, state leadership development, and more. To get connected to Unity's UU the Vote effort, please visit unityunitarian.org/uu-the-vote.html or email Priscilla Morton at prismorton@comcast.net to be added to the weekly action alert email list.

In The Justice Database: Wakan Tipi Awanyankapi

Formerly known as Lower Phalen Creek Project, Wakan Tipi Awanyankapi is a Native-Led, East Side environmental stewardship nonprofit. The Wakan Tipi Center, under construction and due to open in 2026, is so named to honor the significance of Wakan Tipi Cave as a Dakota sacred site, and will serve as an intergenerational gathering place that honors Wakan Tipi and the maka paha as Dakota sacred sites. bit.ly/JusticeData

Spirit of Water Celebration

Saturday, August 10 | 5:00-8:00 p.m. | Hidden Falls, St. Paul

Details and required registration: bit.ly/utswatercel

This is a wonderful community event with speakers, food, art, music and play areas for children. Co-sponsored by our partners at Minnesota Interfaith Power and Light, United Theological Seminary, Friends of the Mississippi River and R.I.S.E coalition.

Save the date!

Green Energy Morning: Go Green and Save Money

Saturday, August 17 | 9:00-noon | Unity Church

Come learn about home energy audits, insulation, heat pumps, rooftop solar, and more! Check out electric and plug-in hybrid vehicles. Find out how to get rebates and other ways to save.

Merging of Waters Service of Reunion

Remember to collect water this summer for our annual Merging of Waters service held on Sunday, September 8.

Bookstall Sale: Every Sunday in July

Books marked with BLUE dots will be \$2

Books marked with RED dots will be \$5

Markdowns will be taken at checkout.

All Our Fullness

Introduce yourself in All Our Fullness, a new project of stories, art, and videos designed to help us "know each other in all our fullness," and take a deeper dive into the people of our Beloved Community. Details and submissions at bit.ly/AllOurFullness.

Contribute Music to Summer Services

If you have a musical offering you'd like to contribute to a summer service, please email ahmed@unityunitarian.org. This could be a solo or an ensemble — bring an idea to Ahmed and he can likely find a good fit for it! If you or someone you know is interested in participating with worship music at Unity Church, contributing music to a summer service is a good first step.

Photos and Stories from Candidating Week

If you took photos during candidating week, or have a story or memory of the week you would like to share, please submit it using the online form at bit.ly/mstrevos or send it by email to unity@unityunitarian.org.

Interfaith Action's Newest Project: Faithful Hospitality

To support asylum-seeking families experiencing homelessness, this new mobile shelter program provides wrap-around services including mental health and medical services. As part of the program, families sleep at area houses of worship. There are three host sites each month and Interfaith Action is looking for volunteers to serve as overnight shelter hosts. To sign up or learn more contact Elizabeth Kulus at ekulus@interfaithaction.org.

Be a Weekend Warrior!

Join a weekend meal team at Provincial House in Saint Paul. Volunteers assist with serving meals, visiting with guests, and clean up. Details and sign up at bit.ly/23phmeals. Questions? Contact Donna Franklin at dfranklin@interfaithaction.org.

Where To Begin with the Housing Crisis? (Whew!)

Beacon Interfaith Housing Collaborative is a partner with Unity's Housing Justice Team. They build deeply affordable homes and address the policies and systems creating homelessness. Beacon hosts an introductory, 30-minute Zoom meeting about their work called "Beacon 101." It's offered twice each month. Curious? Find a date that works for you: beaconinterfaith.org/events.

Worthy Now Pen Pals: CLF Prison Ministry Network

The Unitarian Universalist Church of the Larger Fellowship (CLF) Prison Ministry Network, Worthy Now, invites people on both sides of prison walls into beloved community. Most CLF members in prison are new to Unitarian Universalism and they learn about our faith from mailings sent by CLF and through letter writing in Worthy Now's Pen Pal program. The purpose of the pen pal program is to reach out with messages of your belief in their inherent dignity and worth. If you'd like to learn more about the pen pal program, visit worthynow.org/pen-pals.

Food Shelf: Bring items each time you come to church!

Needed now: sunscreen, toilet paper and paper towels, aluminum foil, window and oven cleaner, disinfectant spray and nonperishable food items. Collection baskets are located at the Portland and Holly Avenue entrances. Thank you for your support!